

It Works!



Hair Skin Nails

Nourishing Complex

Be more radiant, youthful looking you with support for stronger nails, softer and smoother skin, and shine worthy hair! With essential vitamins, minerals, and plant-based nutrients, Hair Skin Nails enhances your own natural collagen and keratin production, supports healthy cell growth, and boosts your body's free radical fighting defenses. It's optimal nourishment to look your beautiful best from the inside out!

- Boosts your natural collagen and keratin production
 - Supports the body's defenses against free radical damage
 - Moisturizes while enhancing skin's elasticity and flexibility
 - Promotes healthy cell growth, strength and shine
- (60 Tablets)



WOW

Wipe Out Wrinkles

It Works! WOW wipes out your wrinkles! In 45 seconds you will start to feel it working, and in 45 more seconds all you will be able to say in WOW!

Instantly and temporarily reducing the appearance of fine lines and wrinkles, this functional formula doesn't stop there. The It Works! WOW Proprietary Complex with its unique delivery system, dives deep into the skin's surface to reduce the appearance of fine lines and wrinkles. Active peptides, proteins, and chamomile extract, synergistically works together to rejuvenate and revitalize skin. Giving you ultimate instant results and long-term benefits with continued use!

- Instantly reduces appearance of fine lines, wrinkles, and creases
- Active peptides and proteins enhance your appearance for firmer, younger-looking skin
- Rehydrates skin giving a smooth plumped appearance
- Reduces appearance of under eye puffiness for a brighter looking you
- Pair with Lip & eye for the ultimate eye raising results!



Greens Chew (Berry Blue)

Antioxidant & Prebiotic Support

Snack your way to better health with a deliciously sweet blend of fruits and veggies in a super soft chew. With a nutritional boost of prebiotic fiber, support for healthy blood pressure levels, and free-radical fighting antioxidants in every serving, Green Chew packs a powerful punch to support your overall health and wellbeing.

- Boots your body's natural defenses against free radical damage
 - Supports healthy nutrition and digestion with prebiotic dietary fiber
 - Contains antioxidant-rich ingredients
 - Fueled by Pterostibene help maintain healthy blood pressure levels and promote heart health
 - Delicious, blueberry-filled flavor
- (60 Chews)



Greens ON THE GO (Berry)

Alkalizing Drink Powder

Alkalize, energize, and detoxify wherever you go with Greens on the Go. This convenient, single serving packet of Greens fits easily in your purse, desk drawer, or travel bag so you can experience increased energy, improved immune system health, a clean-running digestive system, and a detoxified, pH-balanced body no matter where the day takes you.

Greens' pH balancing blend includes an acidity-fighting combination of magnesium and potassium for an alkaline body that's healthier and more energized. A cutting-edge probiotic helps you maintain that healthy balance by keeping your digestive system regular and toxins flowing out.

- Detoxify, energize, and promote pH balance within the body
- Acidity-fighting magnesium and potassium blend
- Cutting-edge probiotic support for digestive health
- 38 herbs and nutrient - rich superfoods
- 8+ servings of fruits and vegetables in every packet
- Free radical-fighting antioxidants
- Sweet berry Flavor

Shortino's Salon & Spa

Massage & Nail Treatments



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Massage at the spa

for body, mind and soul...

Our massage technicians are licensed by the state of Pennsylvania and receive yearly certified education as mandated by the state of Pennsylvania.

Mini Massage

A 30 minute massage of direct attention to your neck, shoulders, head, back or legs. Targeting the key area of tension to reduce stress.

30 minutes for \$50.00

Swedish Massage

A light pressure, long effleurage strokes massage. Great for clients that are sensitive to pressure or looking to relax the mind.

60 minutes for \$75.00

90 minutes for \$95.00

Therapeutic Massage

A medium pressure massage, with a combination of trigger point therapy, pressure points, stretching and kneading. Designed to alleviate tension in muscles, stimulate circulation and work out surface area knots, all with using a relaxing pressure. A great medium between the light Swedish touch and the deep tissue, rolling touch.

60 minutes for \$75.00

90 minutes for \$95.00

Deep Tissue Massage

Advanced massage techniques are used in this 90 minute massage. Our highly trained therapist will target the deeper tissue structure. This treatment is especially helpful for chronically tense and contracted areas commonly found in the back, neck or shoulders. Plan for a relaxing massage accompanied by the release of stubborn, tense muscles.

90 minutes for \$100.00

Sports Massage

Excellent massage for training athletes or after a sporting event. Also, great for anyone who works out and is having tightness due to exercise. The massage methods vary in consideration of the training stages and/or injuries. Can be enjoyed in a concentrated 30 minute session, all over 60 minute session or a thorough 90 minute session.

30 minutes for \$60.00

60 minutes for \$85.00

90 minutes for \$105.00

Stone Massage

Reach unimaginable levels of relaxation during this 90 minute heavenly massage. Lie back and relax as the warmth from the stones deeply penetrate into your muscles. Stones are carefully placed on the major chakra areas, providing a constant soothing warmth. These smooth river stones are also incorporated in the massage to provide a deep and penetrating heat which loosens your muscles and thoroughly relaxes your body and mind.

90 minutes for \$105.00

Reiki

Bring peace to the body and mind through this method of energy work. Reiki assists in balancing the seven major energy centers, or chakras, of the body. This gentle treatment will help to reduce stress and achieve relaxation.

30 minutes for \$75.00

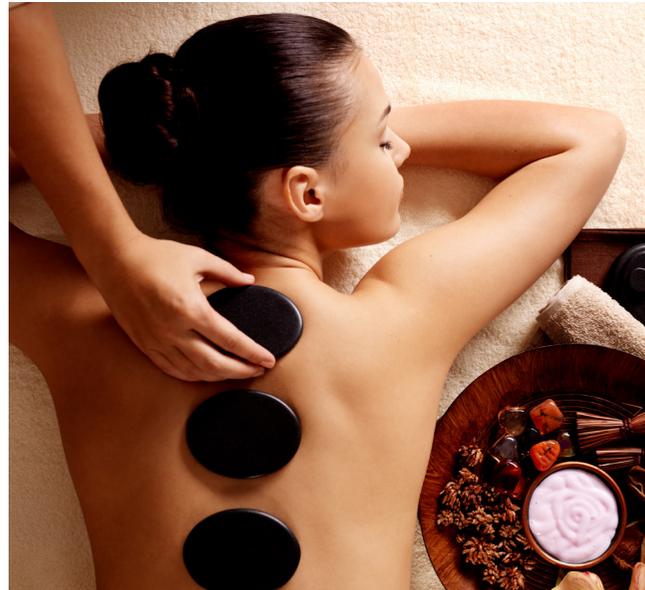
60 minutes for \$90.00

Peppermint Foot Scrub

Add this scrub to any massage to exfoliate and rejuvenate your tired, hot, ache feet.

\$15.00

Essential oils are complementary with all massages, carefully selected and professionally blended. Softly pleasing your sense of smell and to assist in your relaxation. Your massage starts with a warm steamed towel draped over your feet to assist in your relaxation and finish with a cool glass of water after dressing to help flush out body toxins stimulated during your massage.



Nail Treatments

Mini-Manicure & Mini-Pedicure

For our guest that are in a time crunch but need quick attention to their hands or feet, we will soak, file shape and polish nails.

Mini-Manicure \$16.00

Mini-Pedicure \$26.00

French Add-on + \$10.00

Regular Manicure & Regular Pedicure

A relaxing maintenance for the hands and feet. We will soak, file, shape nails, remove excess cuticle, buff nails, remove dry, dead skin, give a light massage, wrap hands or feet with hot towels, and polish nails with VINYLUX nail polish.

Manicure \$22.00

Pedicure \$47.00

French Add-on + \$10.00

Shellac Manicure

Our fast-drying, long lasting (up to 2 times longer) than regular polish with strong chip resistance.

Shellac Manicure \$38.00

Shellac Removal \$20.00

Spa Manicure & Spa Pedicure

An ex-foliating scrub/deep massage is added to the manicure or pedicure. Hot towels then follow with a luxurious oil massage and polish with Vinylux polish.

Spa Manicure \$32.00

Spa Pedicure \$57.00

French Add-on + \$10.00

Deluxe Manicure & Deluxe Pedicure

With this manicure or pedicure, you receive a massage that includes oiled hot stones, followed with a deep penetrating paraffin treatment, finished with Vinylux polish.

Deluxe Manicure \$55.00

Deluxe Pedicure \$75.00

French Add-on + \$10.00

Nail Art

Starting at \$5.00

